

# Memorial Health System

## CY 2026 Childbirth Class Schedule

### Prepared Childbirth: 1/2 Day Class (Saturdays 8:30 A.M. - 12:30 P.M.)

January 10, 2026	February 21, 2026
March 21, 2026	April 4, 2026
May 16, 2026	June 13, 2026
July 11, 2026	August 22, 2026
September 19, 2026	October 17, 2026
November 14, 2026	December 12, 2026

### \*\*Infant CPR / 1 Evening Class / \$35 per Couple (Thursdays, 6:00 - 8:00 P.M.)

January 8, 2026	February 12, 2026
March 5, 2026	April 9, 2026
May 7, 2026	June 11, 2026
July 9, 2026	August 20, 2026
September 10, 2026	October 8, 2026
November 12, 2026	December 10, 2026

### Breastfeeding Classes (Fridays 6:00 - 8:00 P.M.)

January 16, 2026	February 27, 2026	March 27, 2026
April 10, 2026	May 8, 2026	June 5, 2026
July 17, 2026	August 7, 2026	September 11, 2026
October 9, 2026	November 6, 2026	December 4, 2026

**PLEASE KEEP A  
COPY FOR  
YOUR RECORDS!**

### Parenting: 1 Evening Class / Quarterly Basis (Thursdays 6:00 - 8:00 P.M.)

February 5, 2026	May 21, 2026	August 13, 2026	November 5, 2026
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**\*\*Prepayment is required** (Checks payable to Memorial Health System & mailed to: MHS, Women & Children's Div. 4500 Thirteenth St., PO BOX 1810, Gulfport, MS 39502-1810)...*Please circle above the classes you are interested in attending; classes are scheduled based on due date and are available to those women planning to deliver at Memorial on a first come, first serve basis. **If you have any questions, please contact Pamela at (228) 575-2299.***

NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

PHONE (Best contact # during the day): \_\_\_\_\_

DUE DATE: \_\_\_\_\_ DR. \_\_\_\_\_ Do you plan to deliver at MHS? \_\_\_\_\_

**Class Location—Memorial Hospital Gulfport  
4500 13th Street, Gulfport, MS 39501**

**ALL** childbirth classes will be held in the Lagniappe Conference Room on the 1st floor of Memorial Hospital Gulfport in the **cafeteria**.

